

# 2emptynesters

Travel inspiration from empty nesters, Nigel & Jane

[www.2emptynesters.com](http://www.2emptynesters.com)

## Introduction

We are the 2emptynesters – Nigel Ridpath (a keen photographer) and Jane McIntyre (a former BBC journalist). Travel bloggers based in the Cotswolds in England, we've visited 18 countries across 4 continents since we started this blog in early 2016, including a 57-day round the world trip. We have been featured in The Telegraph and Woman & Home (see over).



## Our blog

We provide UK and worldwide travel inspiration to empty-nesters throughout the English-speaking world. These are people:

- in their late 40s, 50s and early 60s who no longer have the day to day responsibility of bringing up a family and want to devote some time to themselves.
- who may well be recent inheritance recipients or find themselves with pension lump sums.
- for whom gaining passport stamps is a key part of their new-found freedom.



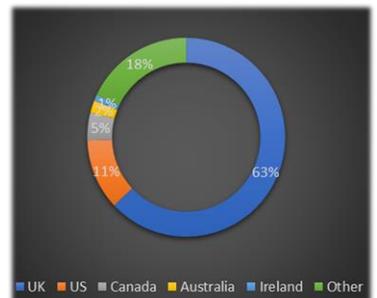
## Our stats (as of Aug 2018)

Avg monthly page views in last 3 months: 1,800  
Avg monthly unique visitors in last 3 months: 512  
Domain Authority: 20  
Avg time on site: 1.25 mins  
Subscribers: 550



 1.2k followers  
(@2emptynesters)

 700 followers  
(2emptynesters)



To go to straight to our website, scan this QR code:



## Regular Features

- Photo essays
- Colour pieces
- Reviews
- Stopover guides

## Previous projects



“Nigel and Jane were great to work with. Receiving as many press and blogger approaches as we do means that a refreshing approach – be that with a target market or a content format – is great to see, especially when it comes as part of a tailored content package that helps to meet our digital goals as an attraction. Their video went up really quickly following their visit, and their follow-up promotion on social was fantastic.”

*Digital Marketing Manager  
The Scotch Whisky Experience*

“It was our greatest pleasure to work with Jane and Nigel as we needed to increase the number of English-speaking guests. We loved the hotel review and the supporting posts about the Piestany area.”

*Director of Sales & Marketing  
Danubius Hotels*

To work with us on promoting your destination, accommodation or attraction, please contact Nigel on 07968 809206 or by email at [thetimeofourlives@outlook.com](mailto:thetimeofourlives@outlook.com).

# 2emptynesters

Travel inspiration from empty nesters, Nigel & Jane

www.2emptynesters.com

## Selected Cuttings



HOME | FEATURES | WHY THE 'GOLDEN GENERATION' OF OVER-50S ARE TAKING GAP YEARS Posted 4 September 2017

## Why the 'golden generation' of over-50s are taking gap years

A 'gap year' was once the domain of the school leaver, but long-haul destinations are becoming popular to 'silver travellers' with the resources to discover what they've been missing during a lifetime of work. Journalist Tony Watts talks to a few such adventurers about their globetrotting travels and asks how you can do the same.



### Living the times of their lives

Former BBC radio journalist Jane McIntyre acquired her passion for travel from stories told by her father.

"He was a royal bodyguard, and I clearly recall these amazing photographs from Tonga. My partner Nigel is a seasoned traveller, always looking to visit new countries - he's up to 50 now! One day we just decided let's go."

"We managed nine countries in 57 days through meticulous planning - and of course, that included Tonga. My father's no longer with us, so I shed a tear when we left," she says.

They also visited the USA, Canada, New Zealand, Hong Kong, Japan, China, Vietnam and Cambodia. When it came to dining out, Jane and Nigel trusted to local knowledge.

"We always looked for places that were packed with local people, on the basis that they would know the best places to go."

"Our favourite place? Japan. The people were so courteous, and the landscapes were stunning. We travelled light, getting our clothes laundered en route. I only took two pairs of shoes!"

The trip also sparked a blog, [www.thetimeofourlives.net](http://www.thetimeofourlives.net) (@2emptynesters) which channels Tony's

The Telegraph

HOME | NEWS | SI

## Lifestyle | Health and Fitness

Body | Mind | Nutrition

Home | Lifestyle | Health and Fitness | Mind

## Our nest is empty. Now what?



Not all parents see the empty nest as a cause for sadness. Twenty-five per cent say the time when their children leave is the best of their lives and the term 'HEN' (Happy Empty Nesters) is gaining traction to describe this freedom.



Nigel Ridpath and Jane McIntyre on their travels

Business coach Nigel Ridpath and his partner, former BBC producer Jane McIntyre, have four daughters between them, all of whom can now fend for themselves. "We've done our bit. Taxiing, cleaning up after, nursing, counselling, celebrating, bankrolling..." They set up a blog, [thetimeofourlives.net](http://thetimeofourlives.net), and used some savings to start travelling the globe. "We're writing this from a hotel in San Francisco - country number two of nine in a 57-day, self-planned, round-the-world grand tour," they say. "We can see places we've always wanted to visit, including New Zealand, Tonga and Japan, all on an itinerary that couldn't have been attempted en famille."

Interviewed on national Tongan radio



To work with us on promoting your destination, accommodation or attraction, please contact Nigel on 07968 809206 or by email at [thetimeofourlives@outlook.com](mailto:thetimeofourlives@outlook.com).

savvywoman

Simple | Smart | Inspiring | People | Home & Your Home | Home & Your Office | Insurance | Travel & Fun | Personal & Retirement | Unpopular Opinions



### Travelling as an empty nester

Posted October 2, 2017 by Sarah Arnold - last updated: 10/02/2017

Image: [www.2emptynesters.com](http://www.2emptynesters.com) / Shutterstock.com

Guest post by Jane McIntyre of [thetimeofourlives.net](http://thetimeofourlives.net)

"I've recently migrated to New Zealand. After raising a family, my daughters have now flown the nest... and so have I. My new partner is in a similar position. Nigel has always loved travelling. He's long held an ambition to visit 50 countries by the time he's 50. This, coupled with my qualifications in travel, developed into something of a recurring theme in our relationship."

#### The world around us

An early conversation was discussing the places that we had each dreamed of visiting. Tonga, Japan, New Zealand and a train ride across the Rockies were on the lists. When we put them all together into a round-the-world trip? Yes. Same as 2016y.

After much research and planning we ended up with a 57-day, nine-country framework of flights... the biggest travel adventure that either of us had embarked upon by a large margin. The fact no other offers were appearing on the screens, the 'must see' on the absolute no-no list. So the plan was that, for me at least, was going to require some thought, time management of the finances.

#### Financial independence - could it last?

"After decades myself as 'Tony's independent' - I don't think of myself as a home person, so why do I always use that adjective? It goes to show how much I've been enjoying the freedom - my partner too. It's a wonderful and that independence also justly encompasses the whole of life."